

4 Generations in the olive oil industry



LIANOS

FAMILY ECO OLIVE MILL

next generation olive oil



LIANOS

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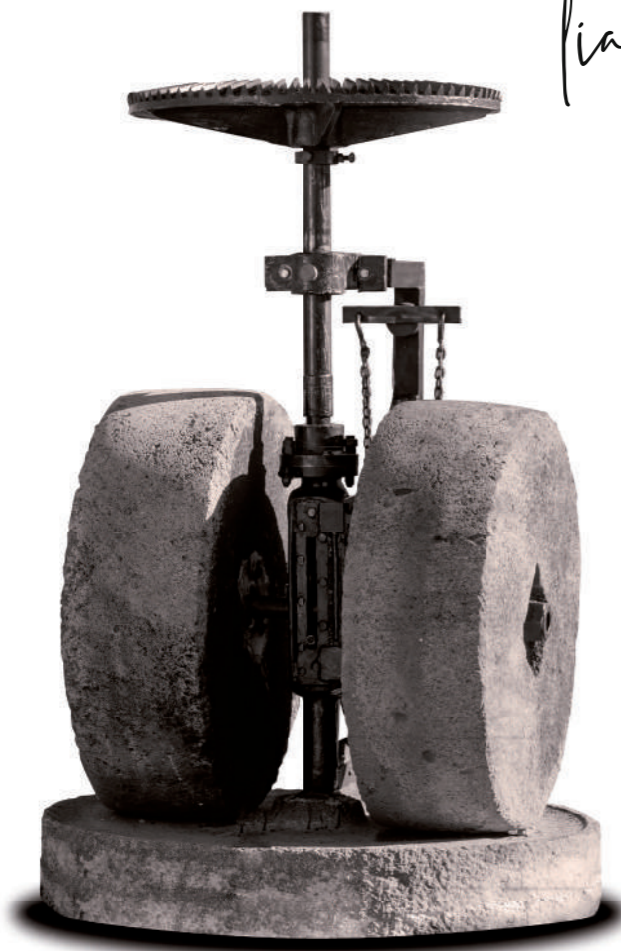
The family business "LIANOS" has operated for 4 generations in the olive oil industry. Our long experience in the production of high quality olive oil, combined with the finest olives of the Mediterranean, allows us to provide the excellent extra virgin olive oil "LIANOS".

The modern facilities of our olive mill and packaging unit, meet all requirements set by the strict international quality standards ISO 22000.

We fully control the entire process, from the collection, processing and storage to the packaging of the produced olive oil. We can thus guarantee its perfect quality.

Our olive oil is produced at low temperatures (cold pressed) to retain its aroma and great taste, as well as all the beneficial elements that render it so fine, for a long time.

lianos



Olive Oil

A good praised by Greeks from ancient times until today!
 This is Homer's "Liquid Gold" and Hippocrates's "Great Healer".
 An essential element of the Mediterranean diet has been recognized around the world.
 Only olive oil offers aroma and flavor while substantially contributing to health.

From Collection to Packaging



Lianos is a fully vertically-integrated olive oil producer.
 We fully control our facilities from harvest,
 to processing and packaging,
 guaranteeing a final product of superior quality.

Why we prefer olive oil:

According to data of international scientific organizations, olive oil has a much higher nutritional value than seed oil, animal and other fats, while exerting a beneficial effect on the human body, helping to fight many diseases.

Specifically:

1. It lowers bad cholesterol (LDL), without affecting the good cholesterol (HDL) and thus avoid the accumulation of atherosclerotic plaque on vessel walls.
2. It exerts a protective effect against serious illnesses such as heart disease, thrombosis, diabetes and skin diseases. It contributes positively to blood pressure control.
3. It reduces the likelihood of rheumatoid arthritis.
4. It reduces the likelihood of breast cancer by 45% and possibly of colon cancer.
5. It helps in building healthy bodies, impacting positively on the development of the central nervous system and brain marrow.

trust it for your daily diet.



lianos family

